## Nino Chalabashvili, Keso Chkuaseli

## Tuscia University

Within the Erasmus+ Administrative mobility program, we had a chance to participate in the 2023 International Staff Training Week organized by Tuscia University.

Within framework of the program, participants had been introduced to Tuscia University and International Relations department's administrative representatives; their objectives & goals. In addition, participants had an opportunity to attend a presentation of the Unitus lab for innovative and inclusive teaching; participate in the Workshop on Quality System and in the discussion after the Research for Innovative Practices in Emergency Management of Erasmus Community presentation was delivered. Apart from that, involved parties were able to deliver presentation about their own countries and representative universities.

The week also included various cultural and social activities including Italian Crash course; Italian cuisine and overview of nutritional values of the Mediterranean Diet; Viterbo city tour and Journey to discover Bolsena lake, with lunchtime in front of the lake, and Montefiascone city tour.

The Erasmus+ program organized by Tuscia University provided participants with valuable opportunities to enrich connections within the Erasmus+ community; share innovative practices and explore possible for future collaboration opportunities.