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I am very happy to have had the opportunity to participate in the Erasmus+ programme and spend the spring semester of 2026 in Košice, Slovakia. The time I spent there became one of the most important and unforgettable experiences of my life.

During my mobility, I was introduced to new learning methods and gained a different cultural and academic perspective on my profession. I met lecturers from different countries, gained experience working in a multicultural environment, and attended a number of interesting courses.

One of the most memorable parts of living abroad was meeting people who became some of my closest friends. I had the opportunity to interact with many interesting people from different countries around the world and often travelled with them. Every day was different and filled with new experiences and adventures.

Living in Košice was a transformative experience for me, both professionally and personally. It made me more confident, proactive, and open to new challenges. I will always look back on the five months I spent in Slovakia with fondness and positive emotions. I am grateful to Caucasus University for this unique opportunity, which I believe every student should experience.