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Gaining an educational experience abroad has been a childhood dream of mine, one that gradually evolved into a concrete goal. Ultimately, Erasmus+ and Caucasus University made it possible to turn that goal into reality.

I spent the Spring 2026 semester in Istanbul at Turkey's leading institution, Koç University. Istanbul is a city with a uniquely distinct soul. On every corner, you can feel its rich history, centuries-old traditions, and vibrant multicultural energy, all of which effortlessly draw you into its rhythmic pace.

At first, everything feels unfamiliar and slightly overwhelming. You encounter completely new faces and realize the vast differences between cultures. However, those perceived boundaries quickly dissolve. Before you know it, what was once completely foreign becomes your second, deeply cherished family. It is a genuine joy to form lifelong friendships with people from all over the world, to grow and travel together, to cherish every moment, and to feel a profound sense of gratitude deep in your heart.

My academic journey at Koç University clearly demonstrated the true meaning of passion and dedication to one's craft. Working alongside international professors and researchers who led cutting-edge scientific projects became an incredible source of inspiration. Engaging with guest professors from world-renowned universities exposed me to diverse teaching methodologies and interdisciplinary approaches, which encouraged me to explore entirely new concepts. A true revelation for me was researching the intersection of psychology and technology, specifically, the critical role psychology plays in robotics and human-computer interaction.

Naturally, stepping into a new academic environment comes with its share of challenges. Yet, it is precisely by overcoming these obstacles that you truly discover who you are and realize how you are evolving into a better, more confident version of yourself. You learn that fighting for your dreams is always worth it. It is far better to take the risk than to look back with regret for never having tried.