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When I first considered taking part in the Erasmus+ program, I could not have imagined that this experience in a new country would mean much more than simply studying and travelling. It would also give me the opportunity to discover myself better and to see the world from a different perspective.

I spent approximately six months in Lithuania, specifically in its capital, Vilnius. I did not find it difficult to adapt to my new environment. I quickly got used to living on my own as well as to the academic culture there. However, one of the biggest challenges was Lithuania's cold climate. I had to go to my first lecture when the temperature was as low as -25°C , but my desire to study abroad and gain new experiences was so strong that I was not going to let the cold weather stop me.

As for SMK University, I found a very warm and friendly environment there. The university uses modern teaching methods, and many of the assignments, both during the learning process and even during lectures, were practice-oriented. This made studying more enjoyable, interactive, and interesting. Whenever I had a question or needed help, the lecturers and staff were always ready to assist me. It did not matter whether the issue was related to my studies or to everyday life in Vilnius.

As for the time I spent in Vilnius and the friends I made there, Lithuanian people may initially seem a little reserved. However, once you start a conversation with them, this impression quickly changes. One of the things that made me especially happy was discovering how much Lithuanian people love Georgia, Georgian people, and Georgian cuisine.

Besides the local people, I also made friends from many different countries. Together, we travelled to numerous countries and created memories that I will carry with me for the rest of my life.

Finally, I would encourage everyone who has ever considered taking part in an Erasmus+ exchange program not to be afraid and to take that step. One decision can give you an incredible amount of experience and, most importantly, unforgettable memories that will stay with you forever.