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I have always believed that participating in an exchange program would be an essential part of my university experience. Therefore, when the opportunity came to me to spend the following semester in Bulgaria through the “ERASMUS+” program, I accepted the offer without hesitation.

Adjusting to the new environment during the first few days came with its challenges, but things quickly started to feel natural. It was fascinating to adapt to the pace of a foreign city, meet students of different nationalities, find common ground, and listen to their stories.

Studying in a different academic setting was one of the most memorable aspects of this experience, while the variety of ESN activities enriched our everyday lives outside the classroom. Living in a dormitory surrounded by greenery and adapting to a new daily routine allowed me to see the world from a new perspective and helped me get to know myself better. Building relationships with my fellow student neighbours and sharing our experiences significantly eased my adaptation process.

In addition to all of this, the exchange program gave me the opportunity to travel to five European countries, visit places I had always dreamed of, and explore their diverse cultures.

The semester I spent in Sofia gave me five unforgettable months that contributed to my growth both academically and personally. Most importantly, it allowed me to achieve one of my goals: to experience student life abroad and turn that dream into reality.