

Elene Dzimistarishvili

**Bachelors Program in PR and Communications
Caucasus School of Media
SMK College of Applied Sciences, Lithuania**



I am very grateful for the opportunity to take part in the exchange program and spend my spring semester in Vilnius - a city that left me with unforgettable memories and which, I am sure, will always feel like my second home. The time I spent there was not only academically enriching but also a truly transformative stage of my life.

The academic process was both interesting and innovative. I had the chance to work with international professors and discover the teaching culture and approaches they apply.

Yet, beyond studies, the most valuable and unforgettable part of my experience was the personal connections I built there. Friends from different countries, shared memories, emotions - all of this constantly reminds me how lucky I am. These connections are not just part of the life I had there; they continue to hold an important place in my life today.

Traveling, exploring new cultures, and collecting unforgettable memories - all of this is an inseparable part of Erasmus+, and at the same time, an irreplaceable experience that will always bring back a sense of nostalgia.

After the past semester, I feel that I have grown - I am more independent, stronger, and even more motivated. Erasmus+ gave me the skills that are essential for both professional and personal development.

I would strongly encourage every student to take this opportunity - it is a life-changing experience that will remain in their memory forever!