

Mariam Malania

Bachelor's program of Business Administration

Caucasus School of Business

Lille Catholic University, France



I had the pleasure of partaking in the Erasmus+ program in France, attending IESEG Business School — one of the top business schools in the country — as part of my mobility to Lille Catholic University. The experience challenged, inspired, and encouraged me to push my boundaries further. Living independently in a new country, socializing, navigating a different culture, and managing daily challenges taught me resilience, adaptability, and the importance of staying focused on my goals. During this time, I realized that challenges and obstacles are opportunities for personal growth, helping you develop and see life from a contrasting perspective. It also strengthened my ambition, motivating me to pursue opportunities and experiences I might not have considered before.

Time there was both enriching and captivating. I made many friends from various countries who showed me warmth and welcomed me with open arms. Traveling with them, exploring new cities, and connecting with people from diverse backgrounds broadened my perspective and deepened my appreciation for diverse cultures. French history, architecture, and art were what made me resonate with the program in the first place, taking up a special place in my memory. Every interaction, whether with classmates, professors, or locals, offered guidance and insight, making the experience both enthralling and transformative.

I was exposed to new academic approaches and structures that emphasized discussion, collaboration, and practical applications, but also occasionally introduced positive stress. Working in international teams enhanced my communication, collaboration, and leadership skills, while reinforcing the value of approaching challenges with courage and enthusiasm.

Overall, the semester was one of the top experiences in my life. It taught me independence, strengthened my resilience, and helped me become more ambitious and goal-oriented. The experience continues to reassure me in times of hardship, helping me realize that a different perspective is critical when it comes to approaching challenges, pursuing opportunities, and connecting with others on both academic and personal levels.