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„I have always dreamed of joining an exchange program, and as soon as I could, I signed up through Caucasus University. One of the main reasons I chose Caucasus University was its variety of exchange programs.

Though the paperwork was extensive, the staff at my university were incredibly helpful every step of the way. When I found out I had been selected to go to Warsaw, Poland, I was over the moon.

I highly recommend that everyone consider an exchange program. Living abroad, regardless of the city or country, promotes personal growth in ways that staying at home cannot, especially in Georgia where moving out of our parents' homes is uncommon. I believe I truly became an adult during my time in Poland.

During my stay, I made friends from Poland, Spain, Portugal, and many other countries. We still keep in touch and travel together whenever we can. Meeting so many international students broadened my understanding of different cultures, and now I feel like I have a friendly face in almost every country around the world.

The academic experience was also incredibly enriching. Every country has a unique approach to education, and I learned new things that I wouldn't have encountered at my home university. This exposure helped me grow professionally and see my degree from a new perspective.

Poland itself is a beautiful and culturally significant country where there is never a dull moment. My time there was filled with sightseeing and exploration.

I am deeply thankful to Caucasus University for giving me this opportunity. This experience will stay with me forever.”