

Nata Bolkvadze

School of Governance

Adam Mickiewicz University, Poland

"During the Erasmus+ exchange program, I spent one of the most inspiring and memorable spring semesters at Adam Mickiewicz University in Poland. It wasn't just an academic experience but a mosaic of new friendships, adventures, and cultural exchanges that gave me a fresh perspective on the diversity of the world.

From the very first days, Poznań captivated me with its warmth and vibrant student environment. Meeting and interacting with other participants of the exchange program was an unforgettable and enriching experience.

I not only explored Poland's culture, traditions, and way of life but also had the chance to share the uniqueness of Georgian culture, our history, and traditions. Often, our conversations stretched late into the night as we shared stories and learned about the differences that ultimately brought us closer together. One particular highlight was the international dinner, where I still vividly remember the funny incident of how the five khachapuri I prepared disappeared from the table in seconds.

The program also gave me the opportunity to travel across some of Europe's most beautiful countries. The richness and beauty of European culture are truly unmatched, and it is a source of pride to know that Georgia has historically been part of this cultural tapestry.

I am deeply grateful to Caucasus University for providing me with this incredible opportunity. The Erasmus+ program taught me how to become the best version of myself, embrace new challenges, and find common ground with completely unfamiliar cultures. This was one of the most remarkable experiences of my life, and I encourage everyone to seize similar opportunities.