

Ani Rainuali

Ovidius University in Constanta, Romania.

„Within the framework of the Erasmus+ program, I was on a working visit to Ovidius University in the city of Constanta, Romania.

During the week I've met students from the psychology program. The seminars were held in an interesting and different environment, where students had the opportunity to engage in discussion and discuss the directions of psychotherapy, its meanings and work process. They received interesting information about humanistic trends in psychotherapy. It is also worth to mention, we had the discussion of anxiety disorders and the processing of a real case (which was specially planned for the seminar process, taking into account ethical norms and with the consent of the client himself).

I got to know the colleagues and professors, they listened to information about Caucasus University and Georgia with great interest and involvement. I've also met the Dean and the Rector, during which I discussed the importance of the above-mentioned program. I visited the campuses and got acquainted with the information about the university.

The visit to Ovidius University on behalf of the Caucasus University was a special and very important experience, because I had the honor to present the Caucasus University, introduce Georgia to them, and share my favorite profession and activity with the students.”