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„As part of the Erasmus+ academic mobility program in April 2023, I had the privilege of attending LCC International University in Lithuania, which proved to be one of the most enriching experiences of my career and personal life.

During my mobility, I delivered lectures on political communication, strategic communication, and political campaign planning and management to students at the Faculty of International Relations. We discussed the political situation in Eastern Europe and the challenges and peculiarities of political communication.

In addition to the lectures, I gave a public talk centered on my primary area of expertise - political communication in Eastern Europe and the Caucasus University.

During my time at LCC International University, I also had the opportunity to attend the defense of bachelor's theses by final year students and participate in experiments conducted by students at the Faculty of Psychology. However, the most memorable aspect of my stay was undoubtedly the people I met during my mobility, with whom I have maintained close relationships to this day.”